

COMMUNITY RESOURCES

Community Information & Referral

602-263-8856

Call: 211

On the internet:

www.findhelpphx.com

www.211arizona.org

Hospitals

St. Luke's Behavioral Health (inpatient/outpatient): 602-251-8535

Quail Run Behavioral Health (inpatient/outpatient): 602-455-5694

Aurora Behavioral Health (inpatient/outpatient): 623-344-4400

Banner Behavioral Health Hospital (inpatient/outpatient): 480-448-7500

Crisis Lines

Maricopa Mobile Crisis Team: 602-222-9444

Teen Life Line: 602-248-8336

National Suicide Prevention Lifeline: 1-800-273- TALK (8255) (Veterans press 1)

Crisis Text Line: Text TALK to 741741

[Maricopa Crisis Response Network \(Mental Health Crisis\) 1-800-531-1314](http://www.maricopacrisis.com)

[Warm Line \(non-crisis line\) 520-770-9909](http://www.warmline.org)

[National Domestic Violence Hotline \(DV Hotline\) 1-800-799-7233](http://www.nvhl.org)

[National Sexual Assault Hotline 1-800-656-4673](http://www.nsvhc.org)

COMMUNITY RESOURCES

Outpatient Counseling Services

A New Leaf- 480-969-4024

Arizona Children Association- 800-944-7611

Black Family and Children Services- 602-243-1773

EMPACT LaFrontera- 480-784-1514

Jewish Family and Children's Services - 602-279-7655

Southwest Behavioral Health -602-685-6000

Terros- 602-685-6000

Touchstone- 866-207-3882/623-930-8705

Family Assistance

Community Action Programs (CAP Offices)

City of Phoenix Human Services Department
John F. Long Family Services Center

3454 N 51st Avenue

602-262-6510

Sunnyslope Family Services Center

914 W Hatcher Road

602-495-5229

Full-Service Family Centers

City of Glendale Human Services Department
623-930-2854

City of Tolleson Human Services Department
623-936-7111

Care1st Avondale Resource and Housing Center
328 W. Western Avenue
Avondale, AZ
623-333-2700
Services: food boxes, utilities/rent, clothing, housing, etc.

Society of St. Vincent de Paul
420 W Watkins Road
602-266-4673

Local SVDP Society Conferences

St. Vincent de Paul Conference
623-845-5564

St. Augustine Conference
623-418-7160

Blessed Sacrament Conference
623-936-7107

St. Thomas Aquinas Conference
623-535-9455

Banner Children's Community Clinic
Tolleson: P.H. Gonzales Elementary School Welcome Center
9401 W. Garfield Street
Tolleson, AZ 85353
www.bannerchildrens.com
Serves uninsured children birth-21 years
Appointments: 480-412-6344

Adelante Healthcare
877-809-5092
<http://www.adelantehealthcare.com>

AHCCCS/KidsCare
855-432-7587
www.azahcccs.gov

Grief Support

Hospice of the Valley
602-530-6900

New Song
Center for Grieving Children & Families
Main Number: 480-951-8985
Avondale location available
Spanish Direct Line: 602-776-6789
Grief Program: "Luz del Corazon"

Grief Camps

Stepping Stones of Hope Camp
www.steppingstonesofhope.org
02-264-7520

Food Assistance

Market on the Move

2019 Schedule

623-374-2559

For a donation of \$10 in Phoenix and Tucson, you can get up to 60 lbs. of fresh produce in a farmers market-like atmosphere and setup that you can share with your friends, family, neighbors or other people in need. See schedule.

Food Banks

Association of Arizona Food Banks

To find a food bank or food resources:

Main number: 602-528-3434

Internet access: www.azfoodbanks.org

Arizona Agency on Aging

602-264-4357

24-hour helpline for seniors and disabled adults who are unable to leave the home for food. The agency will deliver ready-made meals either by the individual's private pay or through a free program if needed. Limited amounts of toilet paper available for delivery as well.

Housing Assistance

Shelter Hotline

For help in locating an emergency, homeless or domestic violence shelter in

Maricopa County

602-263-8900

800-799-7739

The Salvation Army

Family Emergency Program

11 N. 3rd Avenue

Avondale, AZ

623-932-0472

or

4318 W. Clarendon Avenue

Phoenix, AZ (Maryvale)

602-233-9272

Gift of Mary Women's Shelter

Single Adult Shelters and Resources

1406 S. 17th Ave.

Phoenix, AZ 85007

(602) 254-8424

10 beds for single women; 5 beds for women with kids

Emergency shelter, single women 18+ and women with children.

Women 18+ with girls any age or boys age 5 or younger who are homeless

Family Promise (helping families who are homeless)

480-659-5227

info@familypromiseAZ.org

Family First
Pastor Bryce Alexander
Glendale, AZ
623-845-2905

Family Housing Hub
602-595-8700
@Pendergast Community Center every Thursday from 8 AM - 4 PM

American Red Cross
Hotel Vouchers: 800-842-7349

Interfaith Cooperative Ministries Food, Clothing, Toiletries & Household Items
602-254-7450

Arizona Dept. of Housing
602-771-1000

Phoenix Housing - Section 8
602-534-1974

Shelters

Central Arizona Shelter Services
230 S 12th Ave
Phoenix, AZ 85007
602-256-6945

New Life Center (Domestic Violence Shelter)

623-932-4404

Avondale, AZ

DeColores Domestic Violence Shelter (Spanish Speaking)

602-269-1515

Phoenix, AZ

Other Helpful Housing Links

<http://www.aizonaselfhelp.org/programs>

<https://housing.az.gov/general-public/home-plus>

<https://housing.az.gov/general-public/evicAon-or-foreclosure-assistance>

<https://maricopa.gov>

socialserve.com

<https://hotpads.com>

Family Support Agencies

AZ Youth Partnership

Teen Outreach Pregnancy Services: for pregnant or parenting teens

877-882-2881

Boys & Girls Clubs of Metropolitan Phoenix

Main Number: 602-954-8182

www.bgcmp.org

Spencer & Mary Jane Stewart Club

6629 W. Clarendon Avenue

623-848-1022

Glendale Club

5850 W Northview Avenue

Tri-City West/Thornwood Club

301 E Western Avenue

623-932-1154

Big Brothers Big Sisters of Central Arizona

602-264-2447

Family Involvement Center

602-412-4095

familyinvolvementcenter.org

Parent Assistance Center (PAC)

602-288-0155

For parents who need help navigating child-serving systems, such as: schools, juvenile justice, behavioral and physical health care, foster care and more

Families in Need of Services (FINS)

Juvenile Court's Community Services Unit

Help Line: 602-506-5913

www.superiorcourt.maricopa.gov/juvenileprobaAon/probaAon/FINS.asp

For families coping with incorrigible behaviors in their children

Birth to Five Helpline

Family & Parenting Resources

877-705-5437

www.swhd.org/get-help/birth-to-five-helpline

Duet (Partners in Health & Aging)

10000 N 31st Avenue

Phoenix, AZ

602-274-5022

Support for Grandparents Raising Grandchildren

GED Course Locations

Arizona Department of Education

602-258-2410

www.ade.az.gov/adult-ed/ged_home.asp